

## Research Article

# Cardiac function profiling and antidiabetic effect of *Vigna radiata* in Alloxan monohydrate induced diabetic rabbits

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### Abstract

Diabetes mellitus is a chronic hyperglycemia associated with elevated plasma cholesterol and triglyceride levels. Natural and traditional herbal remedies are a source of new commercial products. This study aims to explore and evaluate the antidiabetic effects of *Vigna radiata* and its effect on triglycerides and cholesterol level. *V. radiata* extract at the dose rate of 300 mg/kg extract significantly ( $p < 0.05$ ) decreased blood glucose, triglyceride and cholesterol level at 168.66 mg/dl, 72.33 mg/dl and 154 mg/dl respectively at the end of treatment with *V. radiata* extract reflecting its controlling activity of diabetic control. This study was successful to discover the active diabetes antidiabetic properties that require more deliberation in future.

**Keywords:** Rabbits; Cholesterol; Glucose; Triglyceride; *Vignaradiate*

### Introduction

Diabetes mellitus is a disorder causing because of a various combined effect and ecological factors and is portrayed by depleted insulin discharge, hyperglycemia and modified uptake of lipid, sugars and proteins, added harmed  $\beta$ -cells of pancreas and greater danger of dilemma of vascular

maladies [1]. *Vigna radiata* L. (Mungbean) generally named as green gram is used as laxative, also used in pregnancy and as aperients [2]. Mung beans were famous for their detoxification activities in ancient times. Mung bean tannin, protein and other polyphenols are thought to combine with organophosphorus pesticides, arsenic,

mercury and other heavy metals enhancing the excretion of sediments from the body. Mung beans have been shown to possess antimicrobial, antioxidant and anti-inflammatory activities. In addition mung beans have antihypertensive, antidiabetic, lipid metabolism accommodation, antihypertensive and antitumor effects [3]. In this study, the plant was selected for antidiabetic studies and also its effect on some kidney function tests.

### Materials and methods

The plant extract was prepared in methanol solvent. Rabbits were divided in to five groups after induction of diabetes with alloxan monohydrate beside the normal group.

### Selection of animals

The experimental animal selected were Rabbits (*Oryctolagus cuniculus*). Fifteen rabbits were purchased from local market, weighed between 1 kg to 2 kg. The rabbits were maintained under standard animal house conditions for 4 weeks of acclimatization and fed on natural plant diet.

### Administration of extract

Group A was kept as untreated group.i.e control group.

Group B was treated with glucophage at the dose rate of 10 mg/kg body weight.

Group C was treated with plant extract of *Vigna radiata* at dosage of 100 mg / kg body weight.

Group D was treated with *Vigna radiata* extract at dosage 200 mg/ kg body weight.

Group E was treated with *Vigna radiata* extract at dosage 300 mg/ kg body weight.

### Blood sample collection

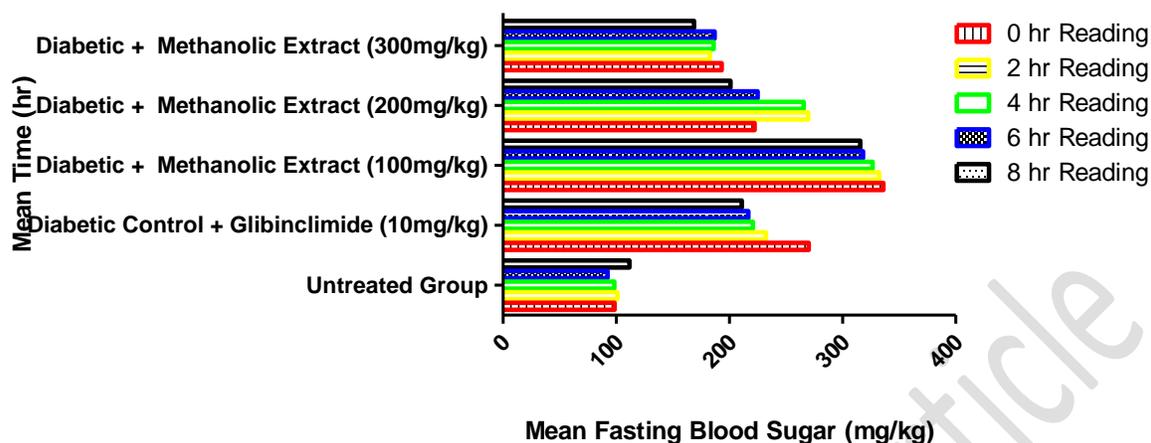
From the marginal veins at the back of ear, blood was obtained in Zero hours, Two hours, four hours, six hours and eight hours simultaneously and was analyzed through Double Beam UV Spectrophotometer.

### Results

Group B was given Glucophage (Glibenclamide) for regular 8 hours at the interim of zero hrs, 2 hrs, 4hrs, 6 hrs and 8 hrs. At the last of the process of treatment, the glucose, triglyceride and cholesterol level of Group B was recorded as 211 mg/dl, 95mg/dl and 214.66 mg/dl respectively (Table 1 & Fig. 1).

**Table 1. Blood glucose level (mg/kg) in alloxan induced diabetic rabbits**

	<b>0 hr Reading</b>	<b>2 hr Reading</b>	<b>4 hr Reading</b>	<b>6 hr Reading</b>	<b>8 hr Reading</b>
Untreated Group	67.66	101	98.33	92.33	111.66
Diabetic Control + Glibenclimide (10mg/kg)	270	232.33	220.66	216.66	211
Diabetic + Methanolic Extract (100mg/kg)	336	332.33	326.66	318	315.66
Diabetic + Methanolic Extract (200mg/kg)	222.33	269.66	265.66	225	201
Diabetic + Methanolic Extract (300mg/kg)	193.33	182.66	186	187	168.66



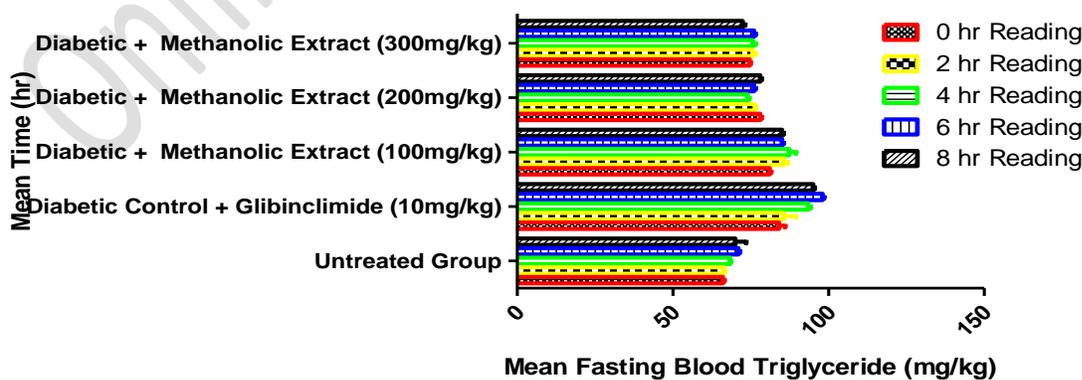
**Figure 1. Blood glucose level of Rabbits**

Group C was kept on *vigna radiata* plant's extract at dosage of 100 mg/dl for continuous 8 hrs at the interim of zero hrs, 2hrs, 4hrs, 6hrs and 8 hrs. At the last of the process of

treatment, the glucose, triglyceride and cholesterol level of Group C was recorded as 315.66 mg/dl, 85 mg/dl, and 203.33 mg/dl respectively (Table 2 & Fig. 2).

**Table 2. Blood triglyceride level (mg/kg) in alloxan induced diabetic rabbits**

	0 hr Reading	2 hr Reading	4 hr Reading	6 hr Reading	8 hr Reading
Untreated Group	66	66.33	68.33	71	70
Diabetic Control + Glibenclidide (10mg/kg)	84	85.66	93.33	98	95
Diabetic + Methanolic Extract (100mg/kg)	81	85.66	87.33	85	85
Diabetic + Methanolic Extract (200mg/kg)	78	76.33	74	76	78
Diabetic + Methanolic Extract (300mg/kg)	74.66	75.66	75.66	76	72.33



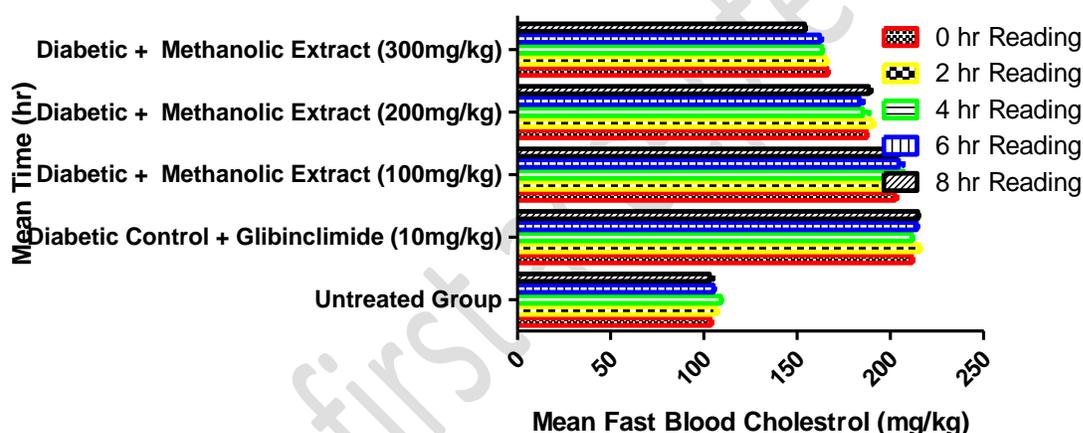
**Figure 2. Blood triglyceride level of Rabbits**

Group D was treated with plant extract of *vigna radiata* at dosage of 200 mg/kg for continuous 8 hrs at the interim of zero hrs, 2 hrs, 4hrs, 6 hrs and 8 hrs. At the last of the

process of treatment, the glucose level, triglyceride and cholesterol of Group D was recorded as 201 mg/dl, 78 mg/dl, and 188.33 mg/dl respectively (Table 3 & Fig. 3).

**Table 3. Blood cholesterol level (mg/kg) in alloxan induced diabetic rabbits**

	0 hr Reading	2 hr Reading	4 hr Reading	6 hr Reading	8 hr Reading
Untreated Group	103.33	106.33	109	105	103
Diabetic Control + Glibenclimide (10mg/kg)	211.33	215.33	211.33	214	214.66
Diabetic + Methanolic Extract (100mg/kg)	202.33	203.33	207	204.33	203.33
Diabetic + Methanolic Extract (200mg/kg)	187	190.33	185	183.33	188.33
Diabetic + Methanolic Extract (300mg/kg)	166	165.33	163.33	162	154



**Figure 3. Blood cholesterol level of Rabbits**

Group E was treated with plant extract at the dose rate of 300 mg/dl for regular 8 hrs. It was given at the interval of zero hrs, 2 hrs, 4 hrs, 6 hrs and 8 hrs. At the last of the process of treatment, the glucose, triglyceride and cholesterol level of Group E was recorded as 168.66 mg/dl, 72.33 mg/dl and 154 mg/dl respectively.

### Discussion

Diabetes mellitus is increasing worldwide due to repetition of cousin marriages due to lack of actual genetic knowledge. This is the third cause of death after cancer [4]. The current remedies for the cure of diabetes have

adverse effects on human health. Therefore there is a need to carry out research on the derivatives of the plant components which do not possess adverse or side effects. So in this regard hypoglycemic impacts of *Vigna radiata* have been assessed in the present investigation. The results of the research show that methanolic extract of *Vigna radiata* delivered critical decrease in level of blood glucose with the increase of dosages. The findings additionally revealed that the antidiabetic property of the *Vigna radiata* extract expanded with time, as maximal impact was accomplished at the eighth hours

of plant extract administration. This reflects that the constituents which are active in the plant extract of *Vigna radiata* require time to spread at the target site. This pattern has been observed in other plants with antidiabetic property Sharma et al., [5]. The *Vigna radiata* extract lowered the elevated sugar level of blood in alloxan-induced diabetic rabbits. The dose rate of 200 and 300 mg/kg treatment, when compared with Glibenclimide 10 mg/kg treatment disclosed the effect. The plant extract indicated quicker activity than the standard used medicine. The findings are in full confirmation with the results of Khatune et al. [6] who concluded antidiabetic properties of ethanol concentrate of *Grewia asiatica* Linn. by using bark in alloxan-initiated diabetic rodents. The *Vigna radiata* treatment at dosage of 300 mg/kg, when matched with the Glibenclimide 10mg/kg treatment group, the triglyceride (TG) levels were in normal range. The serum level of triglycerides was significantly decreased when treated with the extracts of *Vigna radiata* as compared to the Glibenclimide 10 mg/kg treatment group. Our outcomes were as per results of Erukainure et al. [7] which indicated the extract of *Clerodendrum volubile* P Beauv (Labiata) having anti-dyslipidemic property. The extract of *Vigna radiata* reduced significantly triglyceride levels. This impact may be because of rise in endothelium bound lipoprotein lipase. This controls transfer of lipids within the body by Taskinen [8]. Alloxan monohydrate damaged pancreatic  $\beta$ -cells when induced in the experimental rabbits. However when the extract of *Vigna radiata* was given orally the normal population size of islets was resotored by the regeneration of  $\beta$ -cells. The comparison of glibenclimide treated group and extract treated group of rabbits indicated decrease in cholesterol level in the blood. When all the groups treated with plant extract contrasted the glibenclimide 10 mg/kg treatment group

demonstrated a significant decrease in cholesterol level. This revealed the positive effect of *Vigna radiata* in treatment of diabetes. Tachibana et al. [9] stated that protein in mung bean demonstrated hypoglycemic and hypolipidemic property in experimental rats. This suggests that with favorable amino acid sequence and composition, dietary proteins are capable to decrease the serum cholesterol level in experimental rats.

### Conclusion

As a result of this study it was confirmed that *Vigna radiata* has the ability to reduce the level of glucose in blood. It was further exposed that the plant extract of *Vigna radiata* has also its duel effect on controlling of cholesterol, triglyceride and total protein.

### Authors' contributions

Conceived and designed the experiments: R Bilqees & M Romman, Performed the experiments: R Bilqees & M Romman, Analyzed the data: M Romman, Contributed reagents/ materials/ analysis tools: M Subhan, S Jan, R Parvez, M Adnan, M Ikram & S Iqbal, Wrote the paper: R Bilqees & M Romman.

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